

# Senior Seminar



## What is it?

Senior Seminar is a class that all seniors at CMTHS are required to take in their senior year; you will attend one day a week for 45 minutes with the rest of the seniors in your program. The class is run more like an employee meeting and less like a traditional class; there are comfortable couches and the program is transitional in nature, helping seniors to adjust from being a high school student to being an employee.

## What will I learn? In Senior Seminar you will learn how to:

- Look for a job
- Create a resume
- Fill out a job application properly
- Take an online screening test
- Budget for your first apartment
- Determine your taxes
- Fill out employment paperwork
- Go on a job interview
- Create a job-ready portfolio
- Read a pay statement/pay stub
- Manage your personal finances
- And much much more!

## What can I do this summer to prepare for this class?

- Take pictures of you doing what you do – hairstyling, building, creating - start documenting your work.
- Gather important documents – awards, certificates, anything since 9<sup>th</sup> grade that shows how awesome you are.
- Get a job or work experience that will make you marketable – even working at McDonald's will help you find a job in your chosen career.
- Do research on your chosen career – how much will you make? Where will you go to school? Where would you like to work?
- Do a job shadow in your chosen career – follow a professional around for a day to see what it's *really* like in your field.
- You will be asked to get at least 2 Letters of Reference, so if you can get started on asking for these, you're off to a great start!
- Volunteer – stay active in your community, or join a club, employers love to see these things on your resume.
- Visit the Senior Seminar website [www.cmtthsseniorseminar.com](http://www.cmtthsseniorseminar.com) or scan here →
- If you have any questions, you can contact me this summer through my website's contact form.

